



Anti-Drug Squad
St. Bede's College, Shimla

Minutes of the Meeting 2024-2025

Agenda: Orientation of Anti-Drug Squad

Date: September 19, 2024

A meeting of the Anti-Drug Squad, St. Bede's College, was held on September 19, 2024, to organize an orientation program aimed at familiarizing students with the squad's objectives and raising awareness about substance abuse. It was discussed that the session would include information on types of drugs, signs of addiction, legal implications, and available support systems.

Committee members:

Mr. Mohit Kumar (Convener)

Ms. Jagriti (Member)



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Agenda: Half-Marathon against Drug Abuse

Date: September 27, 2024

A meeting was convened to discuss participation in the Half-Marathon against Drug Abuse organized by Himachal Pradesh Police on September 29, 2024, at the Ridge, Shimla. The objective was to promote awareness about the harmful effects of drugs and encourage a healthy lifestyle. It was decided to motivate students to actively participate in the event.

Committee members:

Mr. Mohit Kumar.(Convener)

Ms. Jagriti (Member)



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Agenda: The Military's Stand against Drug Abuse

Date: October 05, 2024

A meeting was organized to plan an awareness program in collaboration with military personnel to address drug abuse and inspire youth towards a drug-free lifestyle. It was decided that the session would include discussions on the ill effects of drugs and information about career opportunities in the armed forces. The program was scheduled for October 6, 2024 in the college auditorium.

Committee members:

Mr. Mohit Kumar. (Convener)

Ms. Jagriti (Member)



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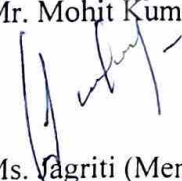
Agenda: State Workshop on Nutrition, De-Addiction,
and Sleep Apnea

Date: December 02, 2024

A meeting was held to discuss participation in the State Workshop to be organized by the National Health Mission, Himachal Pradesh, on December 4, 2024, at the Armsdale Building, H.P. Secretariat. The objective of the meeting was to outline the importance of attending the workshop and to gain insights into maternal and infant nutrition, de-addiction, and sleep apnea. It was decided that selected participants would attend the workshop and actively engage in the sessions to enhance their understanding of these critical health issues. The meeting concluded with the expectation that the knowledge and strategies gained from the workshop would be utilized for spreading awareness and promoting community health improvement.

Committee members:


Mr. Mohit Kumar (Convener)


Ms. Jagriti (Member)